



## The Glory of Easter!

Coming  
April 2 – 12.  
Experience  
the week that  
changed the  
course of history  
forever!  
Details, pg. 3.

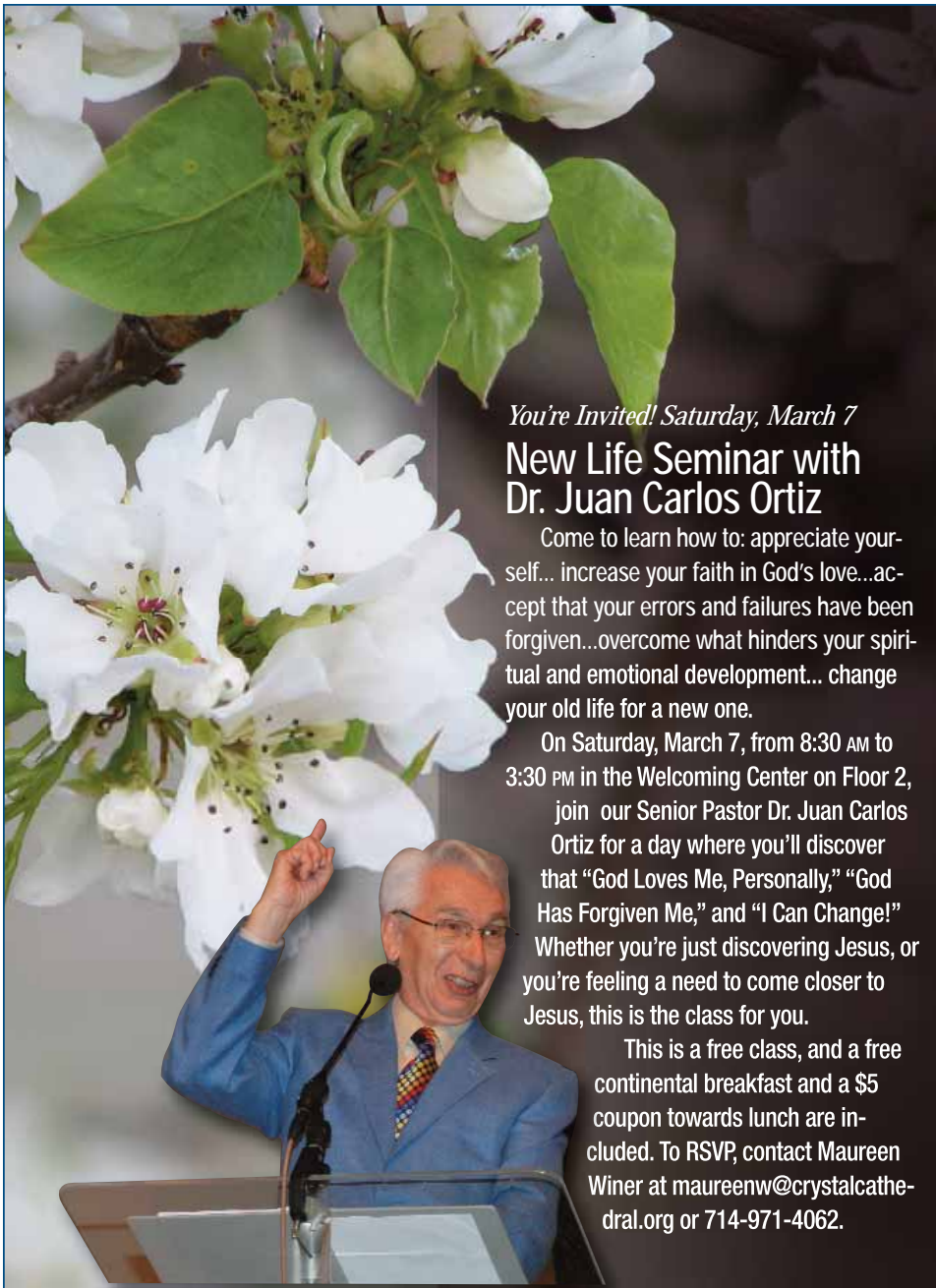


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# crystal cathedral today

March 2009  
Vol. 17 No. 3

# Springtime: A Reminder of New Life Through Christ!



*You're Invited! Saturday, March 7*

## New Life Seminar with Dr. Juan Carlos Ortiz

Come to learn how to: appreciate yourself... increase your faith in God's love... accept that your errors and failures have been forgiven... overcome what hinders your spiritual and emotional development... change your old life for a new one.

On Saturday, March 7, from 8:30 AM to 3:30 PM in the Welcoming Center on Floor 2, join our Senior Pastor Dr. Juan Carlos Ortiz for a day where you'll discover that "God Loves Me, Personally," "God Has Forgiven Me," and "I Can Change!" Whether you're just discovering Jesus, or you're feeling a need to come closer to Jesus, this is the class for you.

This is a free class, and a free continental breakfast and a \$5 coupon towards lunch are included. To RSVP, contact Maureen Winer at [maureenw@crystalcathedral.org](mailto:maureenw@crystalcathedral.org) or 714-971-4062.

*From Our Founding Pastor*

## Bloom Where You are Planted!

By Robert H. Schuller

The beauty and glory of springtime comes this year on March 20. With Spring comes the reminder of God's offer of new life and a fresh start through our Savior Jesus. Our trust in him allows us to enjoy the sweet fragrances of faith, hope, and love that blossom in the "garden of belief."

A friend of mine, Bill Camp, is credited for importing the first cotton to California from the Deep South. Shortly after his move west, Bill's wife died.

*Bloom continued on page 12*

*Annual Conference: March 12-14*

## Spring into the Act of Care and Kindness

Now's the time to raise the bar on your expectations...on the good you can do by being better equipped...on your capability to understand others...on your ability to deal with people's hurts and heartache. Raise the bar, then spring into action by attending this month's Conference on



Jim Kok

*Conf. continued on page 14*

*Free Event for the Whole Family*

## Fresh Values Invigorate the Entertainment Industry

During the upcoming Arvella Schuller Scholarship evening on Saturday, March 14, at 7 PM in the Crystal Cathedral, meet two people who have done much to bring fresh values based on Christian principles to the entertainment industry.



*Event continued on page 15* Rebecca St. James

See and Hear Some of the Greatest Pastors & Christian Speakers in the World!

# sundays

in the Crystal Cathedral! 9:30 & 11 AM

Every Sunday, join DR. ROBERT H. SCHULLER in the magnificent Crystal Cathedral to hear and see America's most exciting, positive preachers and thinkers – each, in their own unique, God-given way, inspiring you in heart and soul.

## March 1

Born with no arms and legs, **NICK VUJICIC** will share a unique message for our congregation, "Faith: Full Assurance in the Heart." Invite you friends! Plus, **DR. BEN CARSON**, world-renowned neurosurgeon whose inspiring life story was recently featured in the TNT movie, *Gifted Hands*.



Ben Carson



Nick Vujicic

## March 8

Our Senior Pastor **JUAN CARLOS ORTIZ** returns with another transforming message that connects our heart with the heart of Jesus. Plus, **RICH STEARNS**, President of World Vision, the most internationally respected Christian relief charity.



Juan Carlos Ortiz



Rich Stearns

## March 15 & 22

The always-inspiring **JOHN C MAXWELL** will speak to the core of your heart's desire from his soon-to-be-bestselling book, *Put Your Dreams to the Test*.



John Maxwell

## March 29

Emmy-award-winning science correspondent and History Channel host **MICHAEL GUILLEN** will show how IQ and SQ (Spiritual Quotient) work together toward God's purpose.



Michael Guillen



Joni Tada

## April 19

A diving accident in 1967 left **JONI EARECKSON TADA** a quadriplegic. Now a popular author, speaker and disability advocate, she is an encourager through Christ to anyone going through a tough time.

## every sunday adult FELLOWSHIP

Take the next step as you become more involved in your Crystal Cathedral church family! Just drop in, or call 714-971-4062 for details.

**AMERICAN DREAM BUILDERS** 11 AM, FLC-234  
Led by Paul and Grace Park, learn God-centered life application skills to help you find and build your dream.

**ASIAN-AMERICAN FELLOWSHIP** 11 AM, Tower Chapel  
Led by Joseph Chun and David Cooper, worship, sing, pray, and fellowship (potluck) together.

**BECOMERS** 9 AM, FLC-230  
Bible Study in Galatians with Pastor Jim Kok continues. Everyone welcome! Bibles provided.

**CAREER BUILDERS** 9:30 AM, Tower-3  
Apply faith to lives and careers by focusing on personal and professional growth in a Christian context.

**CATHEDRAL SINGLES** 11 AM, FLC-4  
Learn more about God, make friends, and celebrate with this dynamic group of singles.

**CHRISTIAN LIFE FELLOWSHIP** 9:15 AM, FLC-231  
Multigenerational prayer, praise, and worship in fun-loving fellowship.

**EARLY BIRD BIBLE STUDY** 8:15 AM Tower-3  
Prayer, great Bible application studies, warm fellowship, and refreshments ignite our day of worship!

**EXPLORERS OF FAITH** 11 AM, Tower-3  
Chuck Hahn helps this group to explore and discover God's timeless faith lessons through modern applications.

**HOMEBUILDERS** 9 AM, Art Gallery  
Enjoy refreshments, caring fellowship, music, in-depth Bible studies by Rev. Glenn DeMaster.

**NEW COMMUNITY FELLOWSHIP** 11 AM, Art Gallery  
Enlightening Bible study and warm fellowship.

**NEW HORIZONS** 11 AM, Tower-2  
Bible study, prayer, missions, and fellowship are foundational to this friendly group led by James and Yvonne Richards.

**RCA BIBLE FELLOWSHIP** 9 AM, Tower-2  
Join this friendly group led by Rebecca Caldwell for enlightening Bible and church doctrine studies, praise, and prayer.

**REJOICERS** 9 AM, FLC-127  
This class for the developmentally disabled. Barbara Shimamura leads Bible studies and social activities.

### MORE ON SUNDAY

**CRYSTAL CATHEDRAL CONTEMPORARY**

- ▶ Live Contemporary Worship
- ▶ Live Feed of Morning Message & Guest!
- ▶ Live Connection with Friends!

11 AM, FREED THEATER

**Hispanic Sunday Services**  
Encouraging services in Spanish  
1 PM, Cathedral  
6:30 PM, Chapel in the Sky

**the Gathering Community**  
Authentic faith through art, worship & community  
11 AM, Arboretum  
Bobby Schuller

**SUNDAY EVENING SERVICE**  
Close the day and meet the week with inspiration!  
6:30 PM  
Crystal Cathedral

**arabic Christian ministry**  
1:30 PM  
IN THE ARBORETUM

**child/student FELLOWSHIP**

Children thru grade 5  
Family Life Center  
9:30 AM, 11 AM & 1 PM

Jr. & Sr. High:  
FLC-B22, 11 AM

# calendar of events

For further information about any of the events listed below, go to the page indicated: (1) = pg. 1.






## THE GLORY OF EASTER

April 2 - 12  
In the Crystal Cathedral

*Experience the week  
that changed the course  
of history forever!*

Tickets at the Box Office  
714-54-GLORY

sunday	monday	tuesday	wednesday	thursday	friday	saturday
1	2	3	4	5	6 	7 Set Your Clocks Forward 1 Hr. Fashion Show (5)
8 	9 Interdependency Seminar (4)	10	11 	12 Care & Kindness Conf. begins (1) Travel Luncheon (10)	13 Care & Kindness Conf. (1) Heritage Tour departs (10)	14 Care & Kindness Conf. (1) A.S. Scholarship Evening (1)
15	16	17	18	19 50+ Luncheon (11)	20 FIRST DAY OF SPRING 	21
22	23	24	25	26	27	28
29 Pageant of our Lord (10)	30	31 	<b>march</b>			

## every week

at the Crystal Cathedral

### monday

American Dream Builders, 7 PM, FLC-FH2 . . . . 562-402-1424  
Band of Brothers, 7 PM, FL. . . . . 714-971-4236

### tuesday

Cathedral Singles, 7 PM, FLC-3 . . . . . 714-971-4061  
Jr. High, 7 PM, FLC-gym. . . . . 714-971-4180  
Women's NetWork, resumes 9/9, 9 AM, AG . . . 714-971-4080

### wednesday

Men's Bible Study, 7 AM, T-2 . . . . . 714-971-4236  
House of Power, 12 NOON, FLC-3 . . . . . 714-971-4095  
Sr. High, 7 PM, FLC-gym . . . . . 714-971-4180

### thursday

Toastmasters, 7 AM & 7 PM, T-2 . . . . . 714-971-4123

### friday

Soul Food, resumes 9/12, 6:30 PM, FL. . . . . 714-971-4240

### saturday

Men's Bible Fellowship, 7 AM, FLC-221 . . . . . 714-971-4236  
Laubach/ESL/Literacy, 9:30 AM, FLC-3. . . . . 714-971-4325  
Aerobics, 9 AM, FLC-LL . . . . . 714-971-4080

april			1	2	3	4
5	6	7	8 	9 Travel Luncheon (10)	10	11 <i>Coming...</i> Canadian Rockies Tour: 5/18-27 Black Hills Tour: 8/15-19 Pageant of the Masters: 8/23
12 EASTER SUNDAY The Glory of Easter Closes (3)	13	14	15	16	17	18
19	20	21	22	23	24 	25 Bridal Tour (12)
26	27	28	29	30		



### Crystal Cathedral Today

By e-mail and online!

Go to [www.crystalcathedral.org](http://www.crystalcathedral.org) to subscribe to receive e-mailed links to this monthly publication, the #1 source of Crystal Cathedral information!

## crystalcathedraltoday

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# Crystal Cathedral people

## ANNE DAVIS: Life After Divorce

I was born in Switzerland. Due to an unhappy childhood, I left my parents' house at the age of 14. I returned for short visits from time to time, but never to live there again.

In 1965, I came to the U.S. to Ventura, CA, to work as a housekeeper. In 1970, I met "Mister Right," we were married and had two daughters. The marriage was a rocky one due to alcoholism, but we were committed and I believed that we had worked through our problems.

We were reasonably happy, which I thought was as much as I could expect from marriage.



After 32 years together, two weeks before my retirement, I found out that my husband had been having an affair for six months and had no intention of leaving the other woman. He told me that he needed time to decide between the two of us. That wasn't okay with me. In shock and with a broken heart, I told him to leave, and filed for divorce.

Broken and grieving, I delayed my retirement and kept on working, concerned that, if I didn't, he would leave me penniless. I also needed something to keep my mind busy, at least during the day. There were nights when I couldn't stop crying. My sense of loss and anxiety was so great that I was not able to eat and eventually ended up in the hospital. My daughter told me that if I wanted to get out of the hospital, I needed to go to Divorce and Grief Recovery (DGR) at the Crystal Cathedral.

I do not remember much about the first few sessions. I do remember that I cried a lot. However, I also knew that I found a place that could help me recover. With the help of my facilitator and the leaders, I felt welcome. I learned that the divorce was not my fault. God did not want the divorce either, but he could help me begin again.

I went through the 14 weeks of DGR twice and learned to work through my grief and pain, and that going through a divorce did not mean that I was a bad person. Today, almost nine years later, I am happy and more secure than I have ever been. I can have friends again and be myself, knowing that I am loved by God just as I am. I also learned again to trust and love other people.

With the help of DGR and lots of work on myself and thanks to God, today I am a free of grief and pain most of the time. I was able to retire after two more years of work, allowing me the time to travel, which has always been my dream. Today I live my dream, though not as I thought it would be, but with hope for the future.

I do not have the right words to express my feelings of appreciation towards DGR. I learned that there is life after divorce. It is not easy, but it is possible with God's help and many friends in DGR. Today I have a better life. I found that I could take care of myself. I'm even giving back to the group that has helped me so much - have been a facilitator for three years now.

I encourage anyone who is hurting because they have lost a loved one for any reason to come and join us. You will always be welcome!

*(See more details about Divorce & Grief Recovery on pg. 6)*

## RON DUTHWEILER: Greeter Extraordinary

By Jim Kok, Pastor of Care Ministries

It was a dark evening, about 7 PM on Friday, January 2. Stepping outside the Cathedral after welcoming those in attending The Glory of Christmas performance, I ran into Ron Duthweiler. He was not dressed as an usher, so I asked him, "What are you doing here?" He seemed out of context since the performance had already begun ten minutes earlier. "There are tour buses here and I make sure those on board get a warm welcome," he replied.

Ron is our greeter extraordinary. You cannot miss him standing at the door of the Welcoming Center most of the morning every Sunday. "I like to look visitors in the eyes and give them a friendly greeting," Ron explained, when I sat down and interviewed him a few weeks later. It is obvious that he believes in what he does, and is not just filling a position, or playing a role.

Ron is a retired elementary schoolteacher. In his words, he "burned out" after 25 years in the classroom. Now he is trying hard to build a business with Primerica Financial Services. He majored in biology at Cal State University, Long Beach. Not that he wanted to go to college. After high school, his primary focus was motorcycles, but he needed a job and found one in a box factory running a forklift. When he damaged some merchandise and was fired, he thought maybe he should go to college.

*Duthweiler continued on page 12*

## CRYSTAL CATHEDRAL LEARNING NETWORK

### Turning Unhealthy Co-Dependency into Healthy Inter-Dependency

Mon., March 9, 12:45 pm, or

Tues., March 10, 6:45 pm

Tower 3, RSVP 714-971-4123 (Free)

Join New Hope Manager Louise Dunn, M.Ed, to learn God's formula for compassionate relationships with healthy boundaries, not independent or co-dependent, but interdependent - with Him and others.

### "Soul Food" for Women

Friday evenings, 6:30 - 8:30 PM

In the Family Lounge

Connect with an amazing group of women and the incomparable Kim Kimpel for a refreshing time of fellowship, prayer, encouragement, and community. Start any time - just drop in!

### Women at the Well

Wednesdays, 12 NOON, FLC-3

For info, contact Louise Dunn, 714-971-4045

Become a valued member of an energized group of women who want to drink of the "Living Water" Jesus has promised to provide to anyone willing to come and drink. Each week, gather to engage in a lively discussion of the spiritual book currently being studied to discern the message the Lord is giving each from the readings. All are welcome!

### Women's NetWork

Tuesdays, 9 AM in the Art Gallery

Questions? Call Kari 714-971-4080

Leader Rhea Zakich, creates each lesson anew and facilitates this time of creativity and insight. No one wants to miss this opportunity to experience the love of God, discover life-changing Biblical truths, and enjoy the sense of community of other women on their spiritual journeys. The mornings include singing, sharing, praying, stimulating object lessons, and small group time. All are welcome!

### Men's Bible Study Opportunities

Just drop in, or contact Kari for more details

714-971-4236 or

karim@crystalcathedral.org

Band of Brothers: Monday Evenings 7 - 9 PM, Family Life Center, Room 435.

Men's Bible Study: Wednesday mornings, 7 AM, Tower of Hope, Floor 2.

Men's Bible Fellowship: Saturday mornings, 7 AM, Family Life Center, Room 221.

# Congregational LIFE

## SPRING FASHION SHOW & LUNCHEON!

Saturday, March 7, 11:30 to 2 PM  
in the Crystal Cathedral Arboretum

Enjoy a Spring Luncheon and Fashion Show hosted by the Homebuilder's Sunday fellowship class. A delicious lunch will be served and women of the Crystal Cathedral will model the latest styles.

Pat Sutcliff, Fashion Expert will be the facilitator and discuss the latest design in spring clothing and colors. Damon and Draper's will provide the women's clothing, and a variety of O.C. children's stores will provide the children's clothing. The models will range in age from preschoolers to seniors.

Cost: \$25 for adults and \$12.50 for children age 12 and under or a table for eight may be purchased for \$180 at the Crystal Cathedral Box Office (714-544-5679) by March 1.



## FELLOWSHIP UPDATES

### Meeting Topic: Veteran's Benefits

If you have served or are entitled to U.S. veteran's benefits, you will want to hear what Claims Officer John Parent of the O.C. Veteran's Office has to say on Tuesday, March 3, 12 - 2 PM. Bring your spouse and enjoy fellowship and an interesting discussion.

On the first Tuesday of every other month at noon on Tower of Hope, Floor 2, U.S. veterans are provided a forum, paying tribute to their effort in upholding our right to freedom. Our goal is to enlighten youth about the sacrifices made by those who were called, served, defended, and protected the United States of America.

For details, contact Maureen Winer at 714-971-4062 or maureenw@crystalcathedral.org, or Chaplain Chuck Trout at 714-836-498 or chaptrout@aol.com.

## WEDDING MINISTRY

### Couples Make "An Evening Together" Simply Magical

By Larry Martin Kimpel

On a romantic, moonlit night in a beautiful church setting, over fifty married couples came together in a wonderful symphony of love at a Pre-Valentine's Day Celebration of Marriage. The first annual event on Saturday, February 7, was conceived and co-sponsored by the non-profit organizations: O.C. Marriages ([www.ocmarriage.com](http://www.ocmarriage.com)), the Relationship Research Foundation ([www.usrelationships.org](http://www.usrelationships.org)), and the Crystal Cathedral Wedding Department (Pastor Kim Kimpel, [www.crystalcathedral.org/resources/wedding](http://www.crystalcathedral.org/resources/wedding)).

Appropriately dubbed "An Evening Together," the Crystal Cathedral played host to the happy couples, not just for a romantic dinner date for



two, but for the real purpose - the collective renewal of wedding vows between every couple in attendance. The pairs were young and old, rich and poor, Black, White, Asian, and Hispanic, and they came from near and far. One husband and wife flew all the way from the East Coast just to attend this special evening.

As the ceremony began at a little after six o'clock on Saturday evening, it was a remarkable sight as the couples stood side by side from one end of the Crystal Cathedral's massive Italian marble altar to the other. Three Crystal Cathedral pastors officiated over the wonderfully huge nuptial undertaking. During the ceremony, one could clearly see that there was not a dry eye in the house.

After the ceremony, the newly re-married partners were treated to a romantic dinner complete with glowing candles, fragrant flowers, and a strolling violinist in the church's Arboretum. Relationship expert Dr. John Townsend offered the keynote address and the evening concluded with the couples dancing the night away.

As he offered the welcome address to the couples prior to dinner, O.C. Marriage's Director, Brett Williams, passionately stated that he was "Mr. Marriage," and that the real focus of this now-annual event is to help stem the tide of the rising divorce rate in Orange County, CA. Some experts believe that the renewing of wedding vows helps couples in all stages of marriage to refocus and fine-

*Cong. Life continued on page 12*

## COMMUNITY MISSIONS

### Be Blessed to Be a Blessing!

Drop off your donations in the Tower Lobby or Family Lounge, or on the Plaza on Sunday mornings at the Missions table, or call our Pastor of Community Missions Gudelia Ramirez at 714-971-4047 (leave name, phone number, and interest). These are our most urgent needs:

- Tecate Boys' Orphanage: white polo shirts, underwear, socks.
- O.C. Rescue Mission: Dry goods (an ongoing need).
- L.A. Rescue Mission: Canned coffee (an ongoing need).



## Memorial Gardens Cemetery

We're here for you, with staff members who will listen and care for you, answering all of the questions you may have during your time of need.

714-971-4138

[www.crystalcathedral.org/resources/memorial\\_gardens](http://www.crystalcathedral.org/resources/memorial_gardens)

### JANUARY 2009 INTERMENTS

Lizarraga, Mario	1/8/09
Rowland, Linda	1/8/09
Dragt, Lavon	1/12/09
Le, Tiffany	1/20/09
Wagner, Lawrence	1/23/09
Ehlers, Richard	1/26/09
Ehlers, Alina	1/29/09
Holst, Leila Mae	1/29/09

## STAY IN TOUCH

<b>Crystal Cathedral</b>	<b>714-971-4000</b>
E-Mail	<a href="mailto:info@crystalcathedral.org">info@crystalcathedral.org</a>
Web Site	<a href="http://crystalcathedral.org">crystalcathedral.org</a>
Prayer Community	<a href="http://crystalcathedral.org/prayer">crystalcathedral.org/prayer</a>
One Community	<a href="http://crystalcathedral.org/community">crystalcathedral.org/community</a>

<b>New Hope Hotline</b>	
24-hr. phone counseling	714-New-Hope or 639-4673
Web Site	<a href="http://newhopenow.org">newhopenow.org</a>
TeenLine, 4-10 PM, M-F	714-New-Teen or 639-8336
Web Site	<a href="http://teenline.org">teenline.org</a>

<b>Rancho Capistrano</b>	<b>949-347-4000</b>
E-Mail	<a href="mailto:info@ranchocapistrano.org">info@ranchocapistrano.org</a>
Web Site	<a href="http://ranchocapistrano.org">ranchocapistrano.org</a>

# care & kindness

## CARE MINISTRY

### Need to Talk?

You may call:

714-NEW-HOPE (Adults).

714-NEW-TEEN (Teens).

Family Counseling Center, 714-971-4222.

Care Ministry, 714-971-4032.

Crystal Cathedral Pastor, 714-971-4098.

## PRAYER

### Need Prayer?

Whenever you or a loved one are struggling, grieving, hoping, or dreaming, here are some ways to connect your need with Crystal Cathedral friends in prayer:

**New Hope:** Call 714-NEW-HOPE or go online to [www.newhopenow.org](http://www.newhopenow.org) (in a private chat room) to speak with a counselor who will encourage you and pray with you.

**General Requests:** Call Care Ministry at 714-971-4031 or forward your prayer request to [careministry@crystalcathedral.org](mailto:careministry@crystalcathedral.org).

**Bulletin Requests:** If you would like your praise, prayer, or condolence to appear in the Sunday bulletin, call Care Ministry at 714-971-4031 or forward your request to [careministry@crystalcathedral.org](mailto:careministry@crystalcathedral.org).

### Online Prayer Community

As a body of believers, God has called each of us to pray... and to pray for one another, simply talking with and listening to God. It can be done privately or with other believers - any time and anywhere. We invite you today to join our online Prayer Community at [crystalcathedral.org](http://crystalcathedral.org):

- Submit prayer requests to community or confidential prayer team.
- Respond electronically to others' prayer requests.
- Maintain your own Prayer Journal of prayer requests, responses, and prayers for others.
- Develop spiritual friendships with other participants.
- Grow in your understanding of prayer through online resources.

This truly is an international community of prayer, binding the Church of Jesus Christ together, lifting each other up while worshipping and praising our unfailing and always-loving Lord.

DR. KOK' KORNER

### My Blogspot

My hope for my blog, "Dr. Kok's Korner" at <http://ccmcare.blogspot.com>, is to contribute to the lives of those who want to live out this mission

of brightening the world through profound or simple acts of care and kindness. That is the theme of this blog - Care and Kindness. This is my passion in life. I believe it is at the heart of what Jesus' mission was; Jesus wanted to make this world a better place, and someday come again to totally renew this earth and the human race. Come join me!



Real Help volunteers from left to right: Dottie Kronin, Sam Hodnett, Carl Treen, Tania Wells (in tam - Shirley Massingal's daughter), Shirley Massingal, Peggy Laco, Glenda Duke (volunteer from Lutheran Church); Lou Massinagal, Marsha DeGon, and Barbara Wieford. Back row: Carol Larsen, Gary Larsen, Ed Heins and Stan Carpenter.

### A Day in the Life of "Real Help"

I took the photo below on Thursday, February 19 at the Real Help luncheon for the homeless at the Friends Church of Garden Grove. Our new Real Help cook and team leader Peggy Laco, in a follow-up e-mail, shared that "The lunch went very well thanks to everyone who came to assist. There were 143 people signed in, and 214 meals were served. The cost was kept down as we received spaghetti and pork patties for free through the Lutheran Services."

For over 20 years, Crystal Cathedral volunteers have been feeding the homeless and hungry. Teaming up with other churches, our turn comes up once a month. On every fourth Thursday, we gather to cook and serve a meal to those who show up. What a beautiful example of the love of Jesus and the kindness he has encouraged in each volunteer who showed up. Thank you Peggy and volunteers!

## CARE & KINDNESS CONFERENCE

### Conference this Month!

The Care & Kindness Conference 2009, designed to help us all be "the light of the world" as Jesus called us to be, will be held March 12 - 14 in the beautiful Arboretum. Sign up at the box office (714-544-5679), or online at [www.careandkindness.org](http://www.careandkindness.org). See story on pg. 1 for more details.



## CRYSTAL CATHEDRAL FAMILY COUNSELING CENTER

### "Transitions in Employment" Sessions

Are you on the verge of a change in your job, your life, or your circumstances? Change is inevitable. If you are in the middle of a transition in your life, or are preparing for one, then this group session will help you! In the six-week group sessions, learn how to:

- Assess your personality for your strengths & opportunities in the workplace
- How to plan for change at work or with your family
- What to do when you or your partner get laid off
- Learn how change can be an opportunity to do what you really want
- Stress management techniques

At the end of each session, we will practice relaxation techniques that will leave you relaxed and better able to handle the stress of your daily life. These sessions are held on Thursdays, 2-3:30 pm on Tower-3. No cost; donations accepted. Sign up by calling 714-971-4222.

The group's leaders, Elaine Collins and Catherine O'Brien, have been counselors at Crystal Cathedral for three years. They lead groups in learning styles, communication skills, and stress management, and, together, they have over forty years of experience in business management. They look forward to working with you!

### We'll Help You Understand Yourself!

By Burt Winer, MBA, MA, Lic. Marriage & Family Therapist

- Am I what I say?
- Am I how I look?
- Am I what I do?
- Am I where I place myself?
- Am I who I associate with?
- Am I how I dress?
- Am I how I treat others?

Care continued on next page

Dr. Jim Kok, Pastor of Care Ministry  
Dr. Bill Gaultiere, Director of New Hope

Care continued from previous page

**Am I others treat me?**

Insights on who we are and how we are perceived can positively or negatively affect our lives and relationships. The C.C. Family Counseling Center's counselors can help you to understand better who you are in light of God's wisdom in your life.

Our counselors (some bilingual) are available to help you during life-changing events and with everyday coping issues including pre-marital, marital, family (parent, child, adolescent), grief, career development, stress management, relationships, recovery, and more. Our focus is to reach out to our church members/friends, our C.C. Schools' families, and our community with affordable counseling on a sliding scale. Counselors are available for individual, couple, family, child, and group sessions. Speakers are also available. Call 714-971-4222.

Parenting with Loving Control (PLC) multi-family sessions, offering ways to bring the family together through caring techniques in a proven program, are available in Spanish and English in the O.C. area. Call 714-538-6387.

**SUPPORT GROUPS**

**Divorce & Grief Recovery**

*Phase 2: April 2 - May 14*

*Phase 1: Sept. 10 - Oct. 22*

Divorce & Grief Recovery series is a two-phase, 14-week healing experience led by Sharon Lockett and a team of trained facilitators. Meetings are held on FLC-470. Cost: \$50/advance, \$55/@door. A children's program runs concurrently. Call 714-971-4084 to register.

Phase 1 topics: Picking Up the Pieces; Grief, Loss and Other Torture; From Where I Was to Where I Will Be; To Thine Own Self Be True; Forgive Him/Her - Surely You Jest; Intimacy as a Single - Help; and Free to Be Me. Phase 2 topics: Embracing the Truth that will Set Us Free; Harnessing Those Out-of-Control Emotions; Help - I've Forgotten Who I Am; Seems I've Been Here Before; Letting Go of the Past - Embracing the Future; Learning to Trust Again; and Single-Confident-Compassionate.

**No Cost - Just Show Up!**

For more information about these groups sponsored by Crystal Cathedral Care Ministries, call 714-971-4098.

A.C.A. (Co-ed); Thu., 7:30 PM, FLC-236. Adult children of alcoholic parent(s), journaling focus.

ACES: 1st Tue., 7 PM, FLC-234. Advocates for Children in Enforcement of child Support.

AL-ANON (Men); Thu., 8 PM, FLC-230.

AL-ANON (Co-ed); Fri., 8 PM, FLC-230.

Care continued on page 12

**CRYSTAL CATHEDRAL SCHOOLS**

**PRESCHOOL  
LEARNING TO SHOW GOD'S LOVE TO  
OTHERS**

By Marlene Kikta, Preschool Director

Children enrolled in the Crystal Cathedral Preschool learned about helping others in need last month. The children were asked to help clean out their closets (with Mom and Dad's help, of course...) and find two pieces of clothing that they no longer wear. They were encouraged to bring them to school to donate to needy children in the area. The children learned that this was one way to show God's love for others.

The clothes were taken to Gudelia Ramirez, Pastor of Community Missions, to be sorted and handed out in the community. The children were proud to know that even at their young age,



they could make a difference!

The Crystal Cathedral Preschool is open Monday through Friday from 7 am to 6 pm. Feel free to contact the office at 714-971-4141 for a tour of the facility!

**ELEMENTARY/MIDDLE/HIGH SCHOOLS  
NOW ACCEPTING APPLICATIONS**

By Sheila Coleman, Director of Family Ministries

Crystal Cathedral schools elementary, middle school, and high school students receive a real head start on living a life filled with possibilities and purpose.

Founded on the principles of positive Christianity, this K-12 performing arts school offers courses in the visual arts, drama, music, and P.E. classes twice a week in addition to a dynamic accelerated general curriculum, and continues to be an example of abundant giving to the community.

If you are interested in blessing your children or grandchildren with a positive education and nurturance as unique children of God, contact Mrs. Mulady, School Registrar, at 714-971-4159.

**Free Event in the Crystal Cathedral  
Arvella Schuller Scholarship  
Awards & Concert**

Saturday, March 14, 7 PM

With Rebecca St. James & Mark McKenzie  
Plus, Ted Ziegenbusch & Lauren Kitchens!

See story, pg. 1, for more details...

**Monthly Devotion**

**The Peace of God**

By Dr. Bill Bennett

We are made to worship our Creator, and, if we are out of sync with God, there will never be peace within our souls. Real peace exists not in the absence of anxiety but in the presence of God.

In Romans 16:20, God is referred to as the "God of Peace." In Isaiah 9:6, Jesus, as the coming Messiah, is called the "Prince of Peace." In John 14:27 (NLT) Jesus tells us: "I am leaving you with a gift - peace of mind and heart. And the peace I give you isn't like the peace the world gives. So don't be troubled or afraid."

So once we have accepted Jesus Christ as our Lord and Savior, once we have repented of our sins and are faithful to Him in Christian living, we discover that promised "Peace of God." Therefore, when we experience turmoil, tension, or indecision in our lives, and, seem caught up in the middle of an emotional "tug of war," that is when we need to turn to God in prayer. We need to ask Him to give us the peace that He has promised - that special peace that transcends all human understanding, to guard our hearts and minds in Christ Jesus.

The "Peace of God" is a gift to us from God. However, like any gift, it is only meaningful if we accept it and allow it to guide our lives. So, whatever might be bothering you, or if there is an indecisiveness that is dragging you down, call on our Father God in Christ's name, and ask Him to bestow this wonderful peace that can only come through God.

*Dr. Bennett is the lead pastor for the Crystal Cathedral Sunday Evening Service. This meditation is based on his 1/25/09 message.*

"Don't worry about anything; instead pray about everything. Tell God what you need and thank Him for all He has done. If you do this, you will experience God's peace, which is far more wonderful than the human mind can understand. His peace will guard your hearts and minds as you live in Christ Jesus."  
-Philippians 4:6-7, NLT